

# THE FARRINGDON FLYER



DECEMBER 2024

**Dan Churchill Electrical Services**



• Rewires • Lighting • Fault Finding  
• Testing • Upgrades • Repairs

Tel: 07514 021 304  
Email: [info@dcelectricalservices.net](mailto:info@dcelectricalservices.net)

Local Independent Electrician  
with 10+ years experience

**PLANTATION GARDENING**

Landscape Gardening and all Gardening maintenance

- Fully Insured
- Friendly efficient service

Tel: 01395 276647  
Mob: 07970 806228  
[www.plantationgardening.co.uk](http://www.plantationgardening.co.uk)  
[info@plantationgardening.co.uk](mailto:info@plantationgardening.co.uk)

**ALL OCCASIONS SOUTHWEST**

WE ARE A LOCAL FLORIST WHO CAN CREATE ANY BESPOKE DESIGNS REQUESTED, FROM DISPLAYS TO FUNERAL TRIBUTES. WE NOW OFFER BALLOON DECOR AND PHOTOBOOTH PACKAGES FOR YOUR EVENTS AND VENUES, WE ARE ALSO PLEASED TO ANNOUNCE WE ARE WORKING ALONG SIDE

BROOKLAND EVENTS LTD  
FIND US ON FACEBOOK  
OR CONTACT US ON: 07858 149999





## FARRINGDON RINGMASTER and FACEBOOK

For those of you not aware who have computers, the ringmaster is a way of informing residents of important events. To be added to the circulation list please send an email to Nigel Dutt at the following address : [farringdon.ringmaster@hotmail.com](mailto:farringdon.ringmaster@hotmail.com)

There is also a **Farringdon Parish** Facebook group for Parish Residents  
The Flyer will be posted on the Facebook Group page and website  
<http://www.farringdondevon.com/>

WOULD YOU LIKE TO ADVERTISE YOUR BUSINESS HERE?

GET IN TOUCH WITH US AT

[thefarringdonflyer@gmail.com](mailto:thefarringdonflyer@gmail.com)

## Welcome to the December 2024 Flyer

Welcome to the December Flyer. This month's cover is probably the most wintering looking of Farringdon Church for some time. It was taken by Jerry on the nicer day between the snow and Storm Bill. The temperature inside the church is always behind that outside and on the Saturday walking out from the cold church felt like entering a heated room!

This year's Christmas eve carol service will be at 6-00pm as usual followed by mulled wine in the village hall. It will be taken by Rev Karen Spray. We will be having our Christmas day communion service at 9-30am and this will be taken by Rev Lewis Eden.

As well as delivering printed copies of the Flyer, I will continue to email copies to those who have requested them and the online version will continue to be published on the village facebook page and web site.. If you would like a copy or know of a neighbour in the same position please let me know, at [thefarringdonflyer@gmail.com](mailto:thefarringdonflyer@gmail.com) or 01395 232459

Contributions to the Flyer would be appreciated by **the 18th of the Month** please.

### **MONTHLY COFFEE MORNING**

**Unfortunately, due to poor attendance, it has been decided not to continue with these at present.**

**Thank you to those who have attended in the past**

Please note the poster on page 10 for the 'Raise the Roof Dinner and entertainment event' on Saturday 11<sup>th</sup> January

## DECEMBER GARDENING TIPS:



- Look out for festive foliage, both in hedgerows & your garden for decorating your home or making wreaths.
- Leaves are slow to fall this year, but apple & pear trees can be pruned once leaves are off. Cut out dead or diseased wood & aim to open up the centre of the tree, allowing space & air.
- Prune back & re-shape deciduous shrubs such as Weigela, berberis, philadelphus.
- Protect your winter brassica from pigeons by netting them.
- Now is the time to purchase & plant bare-root roses & fruit trees.
- Pile up leaves in quiet corners for hedgehogs to hibernate in.
- Take root cuttings from herbaceous perennials, such as phlox, acanthus, verbascum,

**HAPPY CHRISTMAS! □**

## PARISH COUNCIL NEWS

Unfortunately the the PC meeting proposed for November 26<sup>th</sup> had to be postponed. It is now likely to be on Tuesday December 3<sup>rd</sup> 2024 at 7-30 pm  
Confirmation of the date will be posted on facebook.

### NOTICE FROM FARRINGDON PARISH COUNCIL

**CALLING ALL GARDEN DESIGNERS! THE PC WOULD LIKE TO ENHANCE THE A3052 LAYBY AREA WITH IDEAS FOR PLANTING . THIS WOULD BE A COMMUNITY PROJECT. ANYONE INTERESTED IN HELPING THE PC PLEASE EMAIL THE CLERK: [clerkfarringdonparishcouncil@gmail.com](mailto:clerkfarringdonparishcouncil@gmail.com)**

**PRINCES PADDOCK PUBLIC RIGHT OF WAY IS NOW OPEN AGAIN! THE PATH HAS BEEN STRIMMED AND IS ACCESSIBLE FOR ALL TO USE**

**POTHOLES, ROAD OBSTRUCTIONS AND ANY OTHER MATTERS RELATING TO ROAD CONDITIONS.**

**Please do not contact the Parish Clerk regarding the above. The correct contact number is Devon Highways on**

**<https://www.devon.gov.uk/roadsandtransport/report-a-problem/>**

**Tel 0345 155 1004**

**[Roads and transport | Devon County Council](#)**

### **FARRINGDON WEBSITE and FACEBOOK**

For those of you not aware who have computers, the ringmaster is a way of informing residents of important events. To be added to the circulation list please send an email to Nigel Dutt at the following address : [farringdon.ringmaster@hotmail.com](mailto:farringdon.ringmaster@hotmail.com)

There is also a **Farringdon Parish** Facebook group for Parish Residents  
The Flyer will be posted on the Facebook Group page and website  
<http://www.farringdondevon.com/>

## REPORTING NOISE, BAD SMELLS AND ODOURS

If you are concerned about noise, or a bad smell or odour you should contact both the Environment Agency and the EDDC Environmental Health (who have a 24 hour reporting service)  
Environment Agency Hotline 0800807060  
EDDC Environmental Health – During working hours 01395517457  
– During out of hours 01395 516854

Please call at the time you are experiencing this

In addition [ics@environment-agency.gov.uk](mailto:ics@environment-agency.gov.uk)

- 1) name, address, or post code or phone contact#
- 2) where suspected noise or smell is coming from
- 3) when noise or smell first noticed
- 4) rate noise or smell 1 (low) - 6 (high)
- 5) weather conditions (if known)
- 6) if residence, can you smell odour or hear the noise from inside the house with windows opened, with Windows closed.

The following operators have agreed their details can be published in The Flyer so that any issues that parishioners can be raised direct as well as reported to EA/EDDC etc.

Farringdon Parish Councillor Jane Chanot is the PC Representative on the Hill Barton Liason Committee. Her mobile number is 07783 004688 parishioners may contact her with any concerns

Operator Contact Details:

Coastal Organics (Deep Moor LF Ltd) - [reports@coastaluk.co.uk](mailto:reports@coastaluk.co.uk);

• Glyn Brooke (Brooke Energy) - Office: 01823 242555 &  
Mobile: 07971280360;

• Jack Stuart (EMS) – 07814 731526;

• Tom Stuart (Wash Plant) – 07811 190710;

• Troy Stuart – 07976 700555;

**Tarmac - Weekday telephone number 01395 232739 - Evening/  
Weekend number 07483 955871 (Plant normal operating hours are  
Monday to Friday 0530 – 1500**

## WHAT TO DO IN THE EVENT OF A FLOOD

In the event of a flood, there are many authorities available to help. Below outlines who should be contacted for the various types of flooding incidents and emergencies that occur. The local authorities rely on information reported to them to inform any investigations and prioritization of investment. If it is an emergency and there is danger to life as a result of flooding, you should not hesitate to call 999

To report flooding of the highway and blocked drains contact Devon County Council's Highway Customer Service Centre on 0345 155 1004 or visit the Roads and Transport webpage. Office hours are Monday to Friday 8am – 8pm and Saturdays 9am – 1pm. For emergencies outside of these hours call 01392 383329

For any flooding on major trunk roads (the M5, A30, A38, A35 and A303) contact the Highways Agency on 0300 123 5000 (24 hour service)

To report flooding from sewers and water pipes contact South West Water on 0344 346 2020 (24 hour service)

For enquiries about flood warnings contact the Environment Agency's Floodline on 0345 988 1188 (24 hour service)

For general enquiries about Main River or flooding from the sea contact the Environment Agency on 03708 506 506

For all other flooding enquiries contact the Devon County Council Flood Risk Management Team on 0345 155 1015 or email [floodrisk@devon.gov.uk](mailto:floodrisk@devon.gov.uk)

### **Preparing for a flood**

Please refer to Devon County Council and Environment Agency web pages for advice on what to do before, during and after a flood. In the first instance of flooding and sandbag requests contact your local District or Parish Council to be directed to any local sandbag supplies that may be available.

Sign up to flood warnings: <https://www.gov.uk/sign-up-for-flood-warnings>

Flood Alert: Flooding is possible. Be prepared.

Flood Warning: Flooding is expected. Immediate action required.

Severe Flood Warning: Severe flooding. Danger to life

Warnings no longer in force: No further flooding is currently expected



From the Vicar's desk. Rev Lewis writes....

### HAPPY NEW YEAR!

I wish you a happy new year as December is the start of the church's new year which begins/began (depending on when you read) this year on the 1<sup>st</sup> of December – Advent Sunday. This provides an opportunity to reflect on what has happened in the last year to thank God for all that is good, seek forgiveness for the things we need to be forgiven for and recognise that this world is different this December, compared to last December, all before we hit the final milestones of the year Christmas and New Year's Eve.

In the last year, we have seen a new American President elected; a Prime Minister and government elected, take office, and announce their budget; a new bishop in the Diocese of Exeter; and a new Vicar installed in the Mission Community. These things or some of them bring hope and relief to some, yet to others, they bring doom and gloom. Nevertheless, these events are historic moments.

These are historic moments because something has happened and will affect the lives of those affected for years to come. On all levels, globally, nationally, county, and locally, I hope and pray that the historic moments that have occurred will be for the best, with good things coming from them.

I cannot speak for the global and national events, but I am excited for this Mission Community and Diocese of Exeter. I am personally very thankful to be serving here as your vicar working alongside passionate people who deeply care about and cherish the communities they live and work in. A lot is happening within these villages. There is a lot to be thankful for and I am encouraged by how the different village communities and the churches within them work together. This is a great encouragement to someone who is starting in ministry.

Another great encouragement is Bishop Mike's arrival as the Diocesan Bishop of Exeter. Mike's arrival comes as the diocese creatively and courageously reaches children, families, and young people with the Christian Message of Hope, Love, Joy, and Peace.

These qualities of Hope, Love, Joy, and Peace are qualities that I hope can be found in the churches that make up this Mission Community (Aylesbeare, Farringdon, Clyst St Mary, Clyst St George, Exton, Woodbury, and Woodbury Salterton). These are found in abundance in churches and communities that are safe places. In recent days (at the time of writing) the church has once again been reminded it has not been historically safe with the resignation of Justin Welby as Archbishop of Canterbury. I, like him, apologise for how the church has got things wrong, and we are in the process of changing things, we hope, for the better.

If you have any Safeguarding Concerns about what has happened in the church whether presently or historically, please do not hesitate to contact me or Naz at the Diocesan Safeguarding Team ([costa.nassaris@exeter.anglican.org](mailto:costa.nassaris@exeter.anglican.org), 01392 294969 / 07809 339501).

As we end 2024 and begin 2025, there is much to be hopeful for and excited about, and I cannot wait to see what will happen over the next 12 months.

Your friend and Vicar,  
Rev Lewis Eden 01395 904586 / 07777 597722

### FARRINGDON VILLAGE HALL



Available for hire: £10 per hr or £65 per day  
Contact David Cowler – 01395 232459  
[farringdonvillagehalldevon@gmail.com](mailto:farringdonvillagehalldevon@gmail.com)

## December Church Services in the White Cross Mission Community

Sunday Dec 1st		Advent Sunday	
9.30am	Woodbury Salterton	Holy Communion	Rev Lewis Eden
11.15am	Aylesbeare	Holy Communion	Rev Lewis Eden
11.15am	Woodbury	Holy Communion	Rev Margaret Scrivener
6.00pm	Exton	Evening Worship	Rev Lewis Eden
Sunday Dec 8 <sup>th</sup>		2 <sup>nd</sup> Sunday in Advent	
9.30am	Exton	Holy Communion	Rev Karen Spray
9.30am	Clyst St George	Breakfast Service and Baptism	Rev Margaret Scrivener
<b>11.15am</b>	<b>Farringdon</b>	<b>Holy Communion</b>	<b>Rev Lewis Eden</b>
11.15am	Woodbury	Holy Communion	Rev Sid Humphries
Wed Dec 11 <sup>th</sup>			
19.00	Exton	Carol Service	Rev Lewis Eden
Sun Dec 15 <sup>th</sup>		3 <sup>rd</sup> Sunday in Advent	
9.30am	Clyst St Mary	Holy Communion	Rev Lewis Eden
4.00pm	Aylesbeare	Christingle	Rev Karen Spray
6.00pm	Woodbury Salterton	Carol service	Lay Led
6.30pm	Woodbury	Carols on the Green	Rev Lewis Eden
Friday Dec 20 <sup>th</sup>			
7.00pm	Clyst St Mary	Carol Service	Rev Lewis Eden
Sunday Dec 22 <sup>nd</sup>		4 <sup>th</sup> Sunday in Advent	
11.15am	Clyst St George	Holy Communion	Rev Margaret Scrivener
3.00pm	Clyst St Mary	Christingle	Rev Lewis Eden
6.30pm	Woodbury	Carol Service	Rev Lewis Eden

Tuesday 24 <sup>th</sup> Dec		Christmas Eve	
6.00pm	Clyst St George	Carol Service	Rev Lewis Eden
6.00pm	Aylesbeare	Carol Service	Christine Grist
<b>6.00pm</b>	<b>Farringdon</b>	<b>Carol Service</b>	<b>Rev Karen Spray</b>
11.30pm	Woodbury Salterton	Midnight Mass	Rev Lewis Eden
11.30pm	Woodbury	Midnight Mass	Rev Nigel Mason
December 25 <sup>th</sup>		Christmas Day	
9.30am	Exton	Holy Communion	Rev Margaret Scrivener
<b>9.30am</b>	<b>Farringdon</b>	<b>Holy Communion</b>	<b>Rev Lewis Eden</b>
11.15am	Woodbury	Morning Worship	Lay Led
December 29 <sup>th</sup>		Christmas 2	
<b>9.30am</b>	<b>Clyst St Mary</b>	<b>Whole Mission Community Holy Communion</b>	<b>Rev Lewis Eden</b>

## CHURCH NEWS

The church is currently getting quotes for the roof of the church porch, and it is hoped to carry out this work next April.

We also need to fundraise for the main roof which will be a massive community project. Both rooves are suffering from loose tiles due to rotten lathes and nails. Please see the separate poster 'Raise the roof'.

### Christmas Services at St Petrock and St Barnabas Farringdon

**Christmas Eve Carol Service at 6pm led by Rev Karen Spray**  
Afterwards mulled wine and nibbles will be served in the Village Hall

#### **Christmas Morning Holy Communion Service**

**This will take place at 9-30am and will be led by**

**Rev Lewis Eden**

Please do join us

# RAISE THE ROOF

## *Dinner & Entertainment*

Saturday 11th January 2025  
Farringdon Village Hall  
6.30pm

### MENU

#### STARTER

Butternut squash soup and roll  
Smoked mackerel pate and roll

#### MAIN

Braised beef  
Vegetable lasagna (gluten free)  
Both the above served with mixed vegetables

#### DESSERT

Tiramisu  
Pear and almond cake with honey Greek yogurt  
Fruit pavlova

Coffee/teas and chocolate truffles



### ADDITIONAL DETAILS

**£30.00 pp**

Bring your own wine/drinks

To make a reservation with your selected choice of dinner please contact Vivien  
Landline 01395 239127  
Email [vivienandjohn@hotmail.com](mailto:vivienandjohn@hotmail.com)

All proceeds from this event will go to Farringdon Church Roof Fund

**Any baptisms, marriages, funeral services or hospital visits may be arranged by contacting**

**the Church Admin Officer Jill Dupain [dupain@hotmail.co.uk](mailto:dupain@hotmail.co.uk) or  
the Church Warden Dawn Cowler on 01395 232249**

### **Zoom Services in the White Cross Mission Community**

**Morning Prayer** Mondays, Wednesdays and Fridays @ 9.30

Please email Jacquie at [Jacquie.manser@gmail.com](mailto:Jacquie.manser@gmail.com) for the zoom address ( It is the usual Jacquie zoom address for those who have been on zoom before)

### **YOUR CHURCHYARD NEEDS YOU**

If anyone could spend an hour or so to help out with the maintenance of the churchyard, this would be most appreciated.

This could be mowing, strimming or keeping the graves and hedges tidy.

If you could spare a little time to help please contact David on 01395 232459

## **TO ALL RESIDENTS OF FARRINGDON**

**Please note there is no requirement to be a member of the Church congregation**

**DO YOU NEED ASSISTANCE WITH THE COST OF YOUR CHILD'S EDUCATION?**

**ARE YOU STRUGGLING WITH UNIVERSITY FEES, THE COST OF SCHOOL TRIPS, MUSICAL TUITION etc?**

If so, the church may be able to help you. There is a charitable trust called the Challice Educational Foundation which is able to offer financial assistance to any children under the age of 25 years of age who live in Farringdon.

If you think we may be able to help, do telephone me for a chat to discuss your needs. Dawn – 01395 232249

# What's On at Westbank



Westbank Community Health & Care, Farm House Rise, Exminster, EX6 8AT | Telephone: 01392 824752

Westbank Community Health and Care was Founded in 1986. Since then, we have supported thousands of people of all ages across Devon with many aspects of their health and wellbeing, both physical and mental. We offer a diverse range of services to combat loneliness and social isolation and support people in developing and maintaining a healthier lifestyle, providing the safety net between the NHS and the social services provision. Our vision is for everyone to be living fulfilled, healthier, happier lives for longer. Our staff are supported by an army of hundreds of volunteers spread right across the county.

### **Devon Carers**

Devon Carers supports over 32,000 unpaid carers across Devon through a range of support and services from preventative advice and information to carers assessments and support planning under the Care Act 2014. For more information, please visit [www.devoncarers.org.uk](http://www.devoncarers.org.uk) or call our Helpline on 03456 434 435.

### **Devon Young Carers**

At Devon Young Carers we work with over 2700 young people aged 4 to 18 who help look after someone in their family, or a friend, who is ill, disabled or misuses drugs and alcohol. We work to make sure that young carers are supported through our service and others, which can include specialist advice, access to respite opportunities and 1:1 support as identified in an assessment.

For more information, please visit [www.devoncarers.org.uk](http://www.devoncarers.org.uk) or call our Helpline on 03456 434 435

### **Health Walks in Exeter and Mid Devon**

We offer an extensive programme of Health walks in and around Exeter, as well as across Mid Devon, providing the chance to explore the outdoors, get to know the local area and meet new friends. Walks take place on a variety of days/times and are graded to offer something for everyone.

For more information, please E-Mail: [healthwalks@westbank.org.uk](mailto:healthwalks@westbank.org.uk) or visit [www.westbank.org.uk/healthwalks](http://www.westbank.org.uk/healthwalks).

### **Warmwell at Westbank**

Join us for a Warm Welcome this Winter at Westbank

We would like to invite you to join us for complimentary warm food and drinks in a safe, comfortable and cosy space, where you will also have the opportunity to socialise with other members of the community, as well as receive support and advice on keeping warm, eating healthily and staying well this winter.

We are open Monday 10am - 8pm and Tuesday to Friday 10am - 4pm.

The Community Larder will also be open and accessible during this time.

For more information call 01392 824752 or email [communityservices@westbank.org.uk](mailto:communityservices@westbank.org.uk)

### **Give a Gift this Christmas**



As a Charity, we rely on donations to help run our services.

By donating to Westbank this Christmas, you will help us continue to deliver these services, or others like it, to more people in our community, in need of our support.

Visit [www.westbank.org.uk/give-a-gift](http://www.westbank.org.uk/give-a-gift) or scan the QR code to give your Christmas Gift

With your help, we can support more people to live fulfilled, healthier, happier lives for longer.

### **Donate in Lieu of Christmas Cards**

Make your season's greetings go a little further this year by donating to Westbank

in place of sending Christmas Cards. Visit [www.westbank.org.uk/donate-in-lieu](http://www.westbank.org.uk/donate-in-lieu)

or scan the QR code to find out more and make your donation





## Festive fun with our Holiday Activities and Food programme

Children in Devon aged five to 16-years-old who are eligible for benefits-related free school meals are invited to take part in our action-packed [Holiday Activities and Food programme](#) this festive season. We've teamed up with over 60 different providers across Devon to offer a great range of free physical activities and healthy, nutritional, hot meals during the school holidays to children of low-income families.

For four days over the upcoming Christmas holidays, hundreds of children from across the county can enjoy a wide range of activities, from cooking and craft, sports and coaching, outdoor and forest play, music and dance and more. All clubs will be operating for a minimum of four hours and will include a hot meal. Some schemes are also providing Christmas hampers for families.

Bookings are now open, and details of activities can be [found on our interactive map](#). If your child is [eligible to access the programme](#), simply search for a provider in your area, have a look at their listing to see what they're offering, then when you're ready, book a place with them directly. [Read the full story on the news page of our website.](#)



## Thank you for helping to spread cheer for care leavers in Devon and Torbay

We want all of our care experienced young adults aged 22 to 25 years old to have something nice to look forward to during the festive season.

Everyone up to 22 years old will get a gift from their personal advisor as part of our Local Offer, but we wanted to ensure that older care leavers will also get something to look forward to this Christmas.

So, we joined forces with Torbay Council to make sure that all of our care experienced young adults in Devon and Torbay will receive a hamper of presents.

With over £5,000 raised and lots of items donated, we packed over 250 Christmas hampers with gifts including blankets, towels, toiletries and chocolate.

A huge thank you for your generosity and to all those involved. The hampers will be distributed to young people over the next few weeks in time for Christmas.

If you'd like to help with the Christmas Hamper Project, [donations for next year can be made through the existing Just Giving page.](#)



**Handyman services**

- Follies
- Flooring
- Firewood Stores
- Fences
- Flatpack Furniture
- Fabrication
- Fire Pits
- Fine Decking
- Felting
- Fixer

**For more information**  
 spfricker@aol.com  
 Mobile 07926 888330

**EXETER FOODBANK**

Would you like to support Exeter Foodbank and help those who are struggling to feed their families. If so, please drop in anything from the following priority list to the Church.

There is a collection box just inside the door. The Church is generally open between 9.30am and 6pm but if it should be locked please leave any items in the porch.

**PRIORITY ITEMS**

- FRUIT SQUASH
- FRUIT JUICE
- TINNED MEAT
- TINNED POTATOES
- BISCUITS
- NOODLE SNACKS
- JAMS AND SPREADS
- CUSTARD
- SPONGE PUDDING
- COFFEE (100G)

**HOUSEHOLD ITEMS (WASHING UP LIQUID, WASHING CAPSULES ETC)**

see [exeter.foodbank.org.uk/give-help/donate-food](http://exeter.foodbank.org.uk/give-help/donate-food)



**Your local Beauty & Holistic Salon**



Our Shop in the Salon and online stocks beauty products, along with a large selection of gorgeous gifts, cards and wrapping.

**Salon Shop Open :**  
 9am - 3pm  
 Tues - Wed - Thurs

[www.enyajspa.com](http://www.enyajspa.com)  
 07968 257824  
 jane@enyajspa.com

Exquisite treatments to balance mind, body and spirit.

We offer treatments including Environ, CACI and Dermalux Facials to Reflexology, Massage, Waxing and Nail Care.

East Clyst, The Drive  
 Farringdon, EX5 2JD



enyajspa

**walk 4 life**

"Walk This Way" is an accredited scheme that was introduced in East Devon to encourage people of all ages, including those with health and mobility problems, and those recovering from illness to walk for their health.

The health walks are led by qualified volunteer walk leaders who have undergone the national 'Walking the Way to Health' training, as well as training in first aid and resuscitation. Health walks are available in your area on Tuesdays, Wednesdays and Saturdays. For more information please contact Andrew Dare on 01404 814317



your key to secure storage

01395 239 400



self storage made easy

Woodbury Business Park • Woodbury • Nr Exeter [www.house-it.co.uk](http://www.house-it.co.uk)



TREE SURGERY,  
PRUNING & FELLING

07770391850

With over 20 years of experience  
we cover all aspects of tree management  
Fully qualified and insured. For a  
free quotation & expert advice call  
Pete Northcott Tech.Cert. [Arbor A]  
on 07770391850

info@northcotttreesolutions.co.uk  
www.northcotttreesolutions.co.uk



LMS Reflexology  
Lifting Mind & Sole

BOOST IMMUNE SYSTEM  
DE-STRESS & REBALANCE

REFLEXOLOGY FOR THE HANDS AND FEET

SEE FOR YOURSELF HOW REFLEXOLOGY CAN BENEFIT YOU  
FREE CONSULTATION INCLUDED AT FIRST TREATMENT

LOUISE STUBBS, MAR  
LMS Reflexology, Honiton

07772 588234  
lmsreflexology@gmail.com  
lmsreflexology.co.uk



# KTA

Architects | Urban Designers

Exeter Office - Winslade House, Winslade Park, Manor Drive, Clyst St. Mary, Exeter EX5 1FY

Plymouth Office - Office 7, 25 The Crescent, Plymouth PL1 3AD

Stuart Marsh

SHOES



[www.chatham.co.uk](http://www.chatham.co.uk)

Rainbow  
CLUB

[www.rainbowclub.co.uk](http://www.rainbowclub.co.uk)

## FARRINGDON VILLAGE HALL

Available for hire: £10 per or £65 per day

Parties, meetings, classes,

CONTACT DAVID COWLER – 01395 232459

farringdonvillagehalldevon@gmail.com



## Spick & Span

Domestic Cleaning Services  
Ironing Service Available  
Weekly/Fortnightly/Monthly Cleans  
& One Offs

Free Quotes-Competitive Rates/Friendly Efficient  
Service

Call Jane on 01395 260271 or 07515 505548

## Seasoned Logs

- Full Load - £220  
(loose tipped approx. 2.5m<sup>3</sup>)
- Half Load - £120  
(loose tipped approx. 1.25m<sup>3</sup>)
- Bulk Bag - £70  
(approx. 0.625m<sup>3</sup>)

Contact Martin Newbery  
07967 219559

[martinjohnnewbery@hotmail.co.uk](mailto:martinjohnnewbery@hotmail.co.uk)

[newberyfirewood.co.uk](http://newberyfirewood.co.uk)